



Hospital Bag CHECKLIST



dreamingloud.com

For Mom

- Hospital bag
- Nursing Friendly Pajamas
- Nursing bra
- Underwear
- Nursing pillow
- Nursing breast pads
- Fuzzy slippers
- Silverette / nipple butter
- Peri bottle
- Sanitary pads

For Baby

- Infant Car seat
- Baby Blanket
- Going home outfit in couple of sizes
- Socks
- Mittens
- Hats
- Swaddles-zipper or velcro ones
- Burp clothes
- Water wipes
- Onesies with zipper

For Fam

- Socks with grippers
- Toothbrush and Toothpaste
- Going home outfit for all fam members
- Flip flops for shower for mom & others
- Skincare, makeup for mom
- Pillows and blankets for everyone
- Deodorant
- Lip balm
- Hair brush, hair ties/clips for mom
- Body wash, shampoo & conditioner

Tech and Miscellaneous

- Laptop / ipad for entertainment
- Water bottle
- Extra large phone cable / extension cord
- Snacks-dates,protein bar,oatmeal cookie
- Nurse gift basket filled with snacks
- Room spray /diffuser
- Insurance, HSA, & drivers license
- Prenatal vitamins
- Change for vending machine
- Earphones